



**addaction**



## The Resilience Programme

### Coffee Morning / Information Session for all Parents

...delivered by guest speakers from Amy Winehouse Foundation supported by school staff

Do you need advice on how to discuss tricky subjects with your child?

#### Help your child to -

- Manage their emotional wellbeing
- Improve their self esteem
- Handle peer pressure & risky situations
- Make healthy decisions about the use of drugs or alcohol
- Support the work of the school

**Wednesday 20<sup>th</sup> June**

**9.45 – 11.15am**



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**St. Paul's Academy**, Finchale Road, Abbey Wood, SE2 9PX

RSVP by Friday 15<sup>th</sup> June 2018 to - [aine.allen@stpauls.greenwich.sch.uk](mailto:aine.allen@stpauls.greenwich.sch.uk)