

# Coffee and Conversation

The Highs & Lows of Parenting a Teenager

**Tuesday 11<sup>th</sup> December 1.45pm —3.15pm**

Are you worried about supporting your teenager with...

- Peer Pressure
- Social communication difficulties
- Refusing to come to school
- Use of the Internet
- Loss of Direction
- Anger
- Frustration
- Depression
- Identity issues

Come and discuss this complex topic with school staff and other professionals over a cuppa in a relaxed environment



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