



Practical Parenting

The highs & lows of supporting your teenager

Tuesday 28th January 10am – 11.30am

Are you worried about the following?

- Peer Pressure
- Refusing to come to school
- Use of the Internet
- Loss of Direction
- Anger
- Frustration
- Depression
- Identity issues

Come to our coffee morning to share ideas and find out more about how our **Practical Parenting** course can help you.



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