

In order to find a suitable career a student will need to identify their own interests, skills, personal qualities and what will be important to them in a job. The student will then need to research opportunities. By being more self-aware and by knowing what is required for different opportunities, the student will be able to match themselves to suitable jobs.

This graph helps you to identify your interests and skills. Give a higher score, with the maximum being “10”, to those areas you enjoy the most.

| Interests & Skills  |                      |                                     |                      |
|---|----------------------|-------------------------------------|----------------------|
| 1 = really do <b>not</b> enjoy/really am <b>not</b> good at |                      | 10 = really enjoy/am really good at |                      |
| <i>Statement:</i>   | <i>Score: (?/10)</i> | <i>Statement:</i>                   | <i>Score: (?/10)</i> |
| Computer Graphics   |                      | Being punctual                      |                      |
| Using figures   |                      | Being funny                         |                      |
| Using words   |                      | Caring for vulnerable people        |                      |
| Negotiating   |                      | Drawing/Painting                    |                      |
| Working in a team   |                      | Playing music                       |                      |
| Following instructions                                      |                      | Singing                             |                      |
| Physical tasks  |                      | Sports                              |                      |
| Problem solving   |                      | Research                            |                      |
| Listening   |                      | Selling and marketing               |                      |
| Communicating   |                      | Photography                         |                      |
| Being creative  |                      | Religion                            |                      |
| Being patient   |                      | Computer games                      |                      |
| Individual work   |                      | Designing websites                  |                      |
| Cooking   |                      | Working under pressure              |                      |
| Using spreadsheets  |                      | Working with children               |                      |
| Writing code  |                      | Knitting                            |                      |
| Leading others  |                      | Strong Work Ethic                   |                      |
| Repairing things  |                      | Chess                               |                      |
| First Aid   |                      | Analysing                           |                      |
| Managing money (budgeting)                                  |                      | Model Building                      |                      |
| Persuading others   |                      | Manual Dexterity                    |                      |
| Styling hair  |                      | Dance                               |                      |

**Can you think of any others?**  
***(List them below)***

1)

2)

3)

4)

5)