In order to find a suitable career a student will need to identify their own interests, skills, personal qualities and what will be important to them in a job. The student will then need to research opportunities. By being more self-aware and by knowing what is required for different opportunities, the student will be able to match themselves to suitable jobs.

There are many factors that may influence your considerations when it comes to considering a profession. Consider the list below and decide whether the factors listed would be important to you.

Possible Career	Important (Y/N)	Why?/Why Not?
Work regular hours		
Easy to travel to work		
Physically active at work		
Must work inside		
Must work outside		
Must have an influence on others		
Work with others		
Work independently		
Good promotion opportunities		
Self Employed		
Company perks		
Uniform		
Job security		
High pay		
Totally office based		

Which other factors would be important to you in a job – List them below:

- 1)
- 2)
- 3)
- 4)
- 5)