





Week 2

Gluten = G Crustaceans = C Eggs = E Fish = F Molluscs = M Soybeans = S Peanuts = P Nuts = N
Milk = MK Celery = CY Mustard = MD Sesame Seeds = SS Sulphites = SP Lupin = L

Monday

Breaded Chicken fillets E,G,MK,S,CY Chips

Vegetable Lasagne MK,S,CY,G BBQ Beans

Mixed Salad

Pasta & Sauce E,G,MK,S,CY

Jacket Potato

Beans

Coleslaw
E,MD
Tuna & Sweetcorn
E,MD
Cake
&
Custard
E,MK,G

Tuesday

Sausage Bar G,MD Mashed Potatoes MK Cabbage

Gravy G,S,CY

Mixed Salad

Jacket Potato

Beans

Coleslaw
E,MD
Tuna & Sweetcorn
E,MD

Fresh Fruit Salad

Wednesday

Mac 'N' Cheese Day
Mac 'n' cheese with
slow cooked beef.
Mac 'n' cheese with
smoked crispy bacon.
Mac 'n' 3 cheese.
E,G,MK,S
Sweetcorn

Mixed Salad

Jacket Potato

Beans

Coleslaw E,MD Tuna & Sweetcorn E,MD

> Puff Puff G,MK,E Custard E,MK,G

Thursday

BBQ Chicken Leg S,MD,MK Steamed Rice

Vegetable and chickpea curry G,MK,S,CY

Medley of Veg

Mixed Salad

Jacket Potato

Beans

Coleslaw
E,MD
Tuna & Sweetcorn
E,MD

Crumble & Custard E,MK,G

Friday

Fish Day G,F,S

Vegetable Risotto CY,MK

Peas

Chips S

Mixed Salad

Jacket Potato

Beans

Coleslaw
E,MD
Tuna & Sweetcorn
E,MD

Jelly